

Hi, I'm Samuele A. Peluso, a student of class 2B  
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Vesuviana. Today we will talk about a day, in which  
the environment and the protection of the planet  
are celebrated, the Earth Day...

Let's go!

# EARTH DAY



**What is it and  
when is it celebrated?**

Known worldwide as Earth Day, April Earth Day is the event that manages to involve the largest number of people on the entire planet.



The establishment of World Earth Day is due to John McConnell, a peace activist who was also interested in ecology: he believed that human beings have an obligation to take care of the earth and share resources fairly.



Ecological groups use it as an opportunity to evaluate the problems of the planet: the pollution of air, water and soil, the destruction of ecosystems, the thousands of plants and animal species that disappear, and the depletion of non-renewable resources (coal, oil, natural gas).

The United Nations celebrates Earth Day every year, one month and two days after the Spring Equinox, on April 22<sup>nd</sup>.

But why exactly on April 22<sup>nd</sup>?





On April 22<sup>nd</sup>, 1970, 20 million American citizens, responding to an appeal by Democratic Senator Gaylord Nelson, mobilized in a historic demonstration in defense of our planet.



**But what can we do instead to safeguard the planet?**

## 1. Do not waste water

One of the first things to do is to be careful of the water we waste. We always check that there are no leaks, we close the sink when we brush our teeth, we use the shower instead of the tub.

We reuse the water we use to wash the vegetables to water the plants and we don't drink bottled water but tap water.



**Do not  
waste  
water**

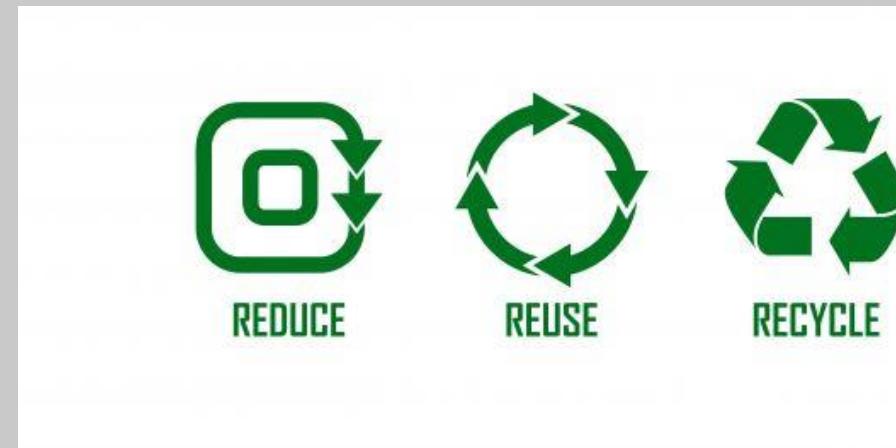
## 2. Use public transport and walk

Another thing to do to save the environment and reduce CO<sub>2</sub> emissions is to move wherever possible with buses, trams and bicycles. If we cross the distances and go on foot, in addition to helping the planet it is good for our health.



### 3. Avoid waste

We learn how to shop, because 670 million tons of packaged food are thrown away every year in Western countries. We buy foods with a short shelf life, so we are sure to consume them, we do not fill the refrigerators and where possible we buy products at km 0.



### 4. Sorting waste

If we don't want to be buried by waste, we learn to differentiate well: organic, paper, plastic, glass and cans can have a second life. Plus, recyclers reduce carbon dioxide and climate-altering gases.



## **5. Beware of electricity**

Among the things to do to save the environment we must remember to always turn off the appliances that we do not use.



## **6. Turn down the radiators and use the air conditioners little**

In winter we avoid having a temperature that exceeds 20° in the house or office and turn on the heating only if really necessary.

The same thing is true in Summer with air conditioners, we learn to cool the house even with less modern methods if we want to save the environment.



**PLEASE ALWAYS TAKE CARE OF OUR PLANET.**

